

FIVE THINGS ST. JOSEPH DID FOR JESUS THAT EVERY FATHER MUST DO

No. **125** THE WAY OF A MAN
BLOG FEB 23 2026
MAGNANIMITAS ET HUMILITAS



Purpose

To become like St. Joseph: a living reflection of God the Father

Open with Litany of St. Joseph

Ask each man to share one “challenge” and one “success” from the last week

Section I: Lost Vision of Fatherhood

We have inherited an absence of the true vision of godly, holy fatherhood.

1. What is your vision of fatherhood? Can you articulate it in 60 seconds?
 2. What is your lived experience of fatherhood/ how were you fathered?
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Section II. Kill the Comfort or the Comfort Will Kill You

At the core of the famine of fatherhood is the constant conditioning by comfort.

1. What comforts are stunting your spiritual growth?
 2. Why are they keeping you from being a sacrificial offering to Jesus?
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Section III. Two Types of Men

Those who sacrifice themselves to God for their children's souls, and those who sacrifice their children's souls to the devil and the world for themselves.

1. Do you choose or tolerate your children (child)? Explain
 2. What specifically could you do to demonstrate to your child that you choose them over yourself?
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Section IV. Five Things St. Joseph Did For Jesus

Of the five things Joseph did for Jesus (listed in the article) which one resonates with you the most? Why?

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Section V. Five Things St. Joseph Did For Jesus

What specifically would you like to change about yourself in order to become a living reflection of God the Father?

Ask each man to share a prayer request

Conclude with Our Father, Hail Mary and Glory Be