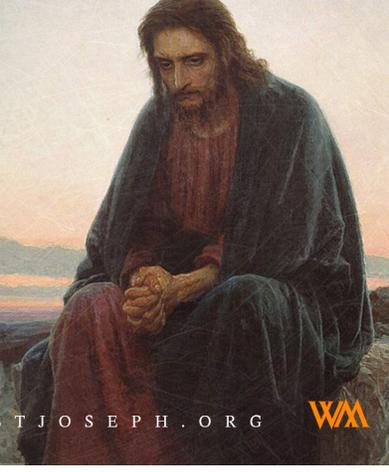


BECOMING THE WELL-ORDERED MAN

A PRACTICAL LENT FRAMEWORK

No. **124** THE WAY OF A MAN
BLOG FEB 16 2026
MAGNANIMITAS ET HUMILITAS

FATHERS OF ST. JOSEPH .ORG



Purpose

To have a practical framework with which to approach Lent

Open with Litany of St. Joseph

Ask each man to share one “up” and one “down” from the last week

Section 1: The Enemy of Disorder

“The enemy approaches Adam through the one whom he loves—through Eve.”

1. Is your spiritual life marker by order or disorder? Explain.
 2. How does personal spiritual disorder effect your closest relationships?
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Section II. The Divine Duty to Establish Order

“During Lent, we recall and metaphorically follow Our Lord’s trek into the wilderness with a singular purpose: to bring order to our disordered lives.”

1. What areas of your life are most in need of re-ordering?
 2. Why is establishing order so challenging?
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Section III. Your Eight Cabinets

1. Which of your eight cabinets are most full of worldly, fleshly “junk”?
 2. Which of your eight cabinets are lacking, empty of virtue?
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Section IV. Filling the Cabinets

Identify two habits per three of the categories. Write down these action steps and the days of the week you propose to fulfill them. Share your new Lenten commitment with your brothers, asking them for their prayers that you fulfill them.

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Ask each man to share a prayer request

Conclude with Our Father, Hail Mary and Glory Be