

FINDING YOUR WAY HOME: HEARING GOD'S VOICE AND THE COURAGE TO SWIM UPSTREAM

No. **115**

THE WAY OF A MAN
BLOG

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MAGNANIMITAS ET HUMILITAS

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Purpose

Reflect on the meaning of a Catholic / biblical vocation, learn how to hear God's voice, and recommit yourself to spiritual leadership through prayer, silence, and consistency.

Section 1: Swimming Upstream — Vocation and Return

1. The reflection compares men to salmon swimming upstream. What does “swimming upstream” look like in your own life right now? Where do you feel resistance when trying to live faithfully?
 2. What happens to a man when he ignores this upward pull?
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Section 2: Created by the Word — Identity and Purpose

1. How does this differ from how the world defines success or identity?
 2. Where do men most commonly look for identity instead?
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Section 3: Hearing God's Voice — Silence, Prayer, and Discernment

1. The reflection stresses that God's voice is a whisper. What noises most often drown out God's voice in your life?
 2. How would your life change if daily prayer were truly non-negotiable? What would need to be removed or reordered?
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Section 4: Biblical Masculinity in Practice

1. The reflection claims that men are most attacked when pursuing their vocation. How does doubt, insecurity, or passivity undermine a man's leadership in the family?
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Section 5: The Crisis of Men and Sacred Time

1. The reflection calls lack of prayer one of the greatest failures among men. Do you agree? What keeps men from carving out sacred time with God?